



North Rock Creek Elementary

Breakfast October 2024



Mon, 9 /30	Tue, 10 /1	Wed, 10 /2	Thu, 10 /3	Fri, 10 /4
Sweet Waffle Sticks or Cereal & Toast Fruit Juice Milk	Muffin or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Oatmeal & Toppings or Cereal & Toast Fruit Juice Milk	Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 10 /7	Tue, 10 /8	Wed, 10 /9	Thu, 10 /10	Fri, 10 /11
Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	No School	No School
Mon, 10 /14	Tue, 10 /15	Wed, 10 /16	Thu, 10 /17	Fri, 10 /18
No School	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Oatmeal & Toppings or Cereal & Toast Fruit Juice Milk	Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 10 /21	Tue, 10 /22	Wed, 10 /23	Thu, 10 /24	Fri, 10 /25
Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Apple Cinnamon Oatmeal Toast Oatmeal & Toppings Fruit Juice Milk	Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 10 /28	Tue, 10 /29	Wed, 10 /30	Thu, 10 /31	Fri, 11 /1
Oatmeal Cinnamon Toast or Cereal & Toast Fruit Juice Milk	Pancake on a Stick or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Donut or Cereal & Toast Fruit Juice Milk

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



North Rock Creek Elementary

Lunch October 2024



Mon, 9 /30	Tue, 10 /1	Wed, 10 /2	Thu, 10 /3	Fri, 10 /4
Cheeseburger Green Beans Side Salad Fruit Milk	Beef & Bean Enchilada Caesar Salad Tortilla Chips Salsa Fruit Milk	Beef Hot Dog Baked Beans Glazed Baby Carrots Fruit Milk	Beef & Cheese Pocket Garlic Parm Fries Fruit Milk	Chicken Nuggets Mashed Potatoes & Gravy Roasted Carrots Breadstick Fruit Milk
Mon, 10 /7	Tue, 10 /8	Wed, 10 /9	Thu, 10 /10	Fri, 10 /11
BBQ Chicken Green Beans Baby Carrots Dinner Roll Fruit Milk	Grilled Cheese Tomato florentine soup Chili Beans Fruit Milk	Flatbread Pizza Caesar Salad French Fries Fruit Milk	No School	No School
Mon, 10 /14	Tue, 10 /15	Wed, 10 /16	Thu, 10 /17	Fri, 10 /18
No School	Nacho Bar (Beef, Queso and Tortilla Chips) Chili Beans Salsa Tortilla Chips Fruit Milk	Glazed Ham Mashed Potatoes & Gravy Green Beans Dinner Roll Fruit Milk	Ham & Cheese Melt Garden Salad Baby Carrots Fruit Milk	Corn Dog Broccoli & Cheese Fruit Milk
Mon, 10 /21	Tue, 10 /22	Wed, 10 /23	Thu, 10 /24	Fri, 10 /25
Cheeseburger Garlic Parm Fries Fruit Milk	Chicken Soft Taco Refried beans Tortilla Chips Salsa Fruit Milk	Chicken Nuggets Mashed Potatoes & Gravy Broccoli Dinner Roll Fruit Milk	Cheeseburger Mac Green Beans Glazed Baby Carrots Breadstick Fruit Milk	Pizza Italian Salad Roasted Carrots Fruit Milk
Mon, 10 /28	Tue, 10 /29	Wed, 10 /30	Thu, 10 /31	Fri, 11 /1
Corn Dog Tater Tots Green Beans Fruit Milk	Pizza Glazed Baby Carrots Cucumber Slices Fruit Milk	Chicken Nuggets Tater Tots Dinner Roll Fruit Milk	Ham & Cheese Melt Caesar Salad Baby Carrots Fruit Milk	Taco Soup Chili Beans Tortilla Chips Salsa Fruit Milk

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