



North Rock Creek High School Breakfast September 2024



Mon, 9 /2 No School	Tue, 9 /3 Muffin or Cereal & Toast Fruit Juice Milk	Wed, 9 /4 Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Thu, 9 /5 Breakfast Burrito or Cereal & Toast Fruit Juice Milk	Fri, 9 /6 Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 9 /9 Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk	Tue, 9 /10 Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Wed, 9 /11 Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Thu, 9 /12 Oatmeal & Toppings or Cereal & Toast Fruit Juice Milk	Fri, 9 /13 Donut or Cereal & Toast Fruit Juice Milk
Mon, 9 /16 Yogurt Toast or Cereal & Toast Fruit Juice Milk	Tue, 9 /17 Breakfast Burrito or Cereal & Toast Fruit Juice Milk	Wed, 9 /18 Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Thu, 9 /19 Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Fri, 9 /20 Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 9 /23 Oatmeal Cinnamon Toast or Cereal & Toast Fruit Juice Milk	Tue, 9 /24 Yogurt Parfait or Cereal & Toast Fruit Juice Milk	Wed, 9 /25 Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Thu, 9 /26 Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Fri, 9 /27 Donut or Cereal & Toast Fruit Juice Milk
Mon, 9 /30 Smoothie & Granola or Cereal & Toast Fruit Juice Milk	Tue, 10 /1 Muffin or Cereal & Toast Fruit Juice Milk	Wed, 10 /2 Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Thu, 10 /3 Breakfast Burrito or Cereal & Toast Fruit Juice Milk	Fri, 10 /4 Cinnamon Roll or Cereal & Toast Fruit Juice Milk

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



North Rock Creek High School

Lunch September 2024



Mon, 9 /2	Tue, 9 /3	Wed, 9 /4	Thu, 9 /5	Fri, 9 /6
No School	Nacho Bar (Beef, Queso and Tortilla Chips) Garden Salad Salsa Fruit Milk	Waffle(s) and Syrup Scrambled Eggs Sausage Patty Seasoned Potatoes Fruit Milk	Pulled Pork Sandwich Baked Beans Baby Carrots Fruit Milk	Corn Dog Green Beans Glazed Baby Carrots Fruit Milk
Mon, 9 /9	Tue, 9 /10	Wed, 9 /11	Thu, 9 /12	Fri, 9 /13
Chicken Nuggets Mashed Potatoes & Gravy Roasted Carrots Dinner Roll Fruit Milk	Chicken Taquitos Refried beans Tortilla Chips Salsa Fruit Milk	Frito Chili Pie Green Beans Baby Carrots Fruit Milk	Beef Hot Dog Tater Tots Fruit Milk	Pizza Italian Salad Cucumber Salad Fruit Milk
Mon, 9 /16	Tue, 9 /17	Wed, 9 /18	Thu, 9 /19	Fri, 9 /20
Cheeseburger French Fries Fruit Milk	Burrito Bowl (Chicken, Queso, Rice) Chili Beans Tortilla Chips Salsa Fruit Milk	Ham & Cheese Melt Tater Tots Fruit Milk	Spaghetti & Meat Sauce Green Beans Baby Carrots Breadstick Fruit Milk	Personal Calzone Caesar Salad Marinara Sauce Fruit Milk
Mon, 9 /23	Tue, 9 /24	Wed, 9 /25	Thu, 9 /26	Fri, 9 /27
Corn Dog French Fries Fruit Milk	Beef Taco Refried beans Tortilla Chips Salsa Fruit Milk	Pulled Pork Loaded Baked Potato Green Beans Dinner Roll Fruit Milk	Breaded Chicken Sandwich Garden Salad Cucumber Slices Fruit Milk	Pizza Roasted Carrots Cucumber Salad Fruit Milk
Mon, 9 /30	Tue, 10 /1	Wed, 10 /2	Thu, 10 /3	Fri, 10 /4
Cheeseburger Green Beans Side Salad Fruit Milk	Beef & Bean Enchilada Caesar Salad Tortilla Chips Salsa Fruit Milk	Beef Hot Dog Baked Beans Glazed Baby Carrots Fruit Milk	Beef & Cheese Pocket Garlic Parm Fries Fruit Milk	Steak Fingers Mashed Potatoes & Gravy Roasted Carrots Breadstick Fruit Milk

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